



# Multi-activity trip

6 Days / 5 nights

Throughout your stay, you will partake in a number of outdoor activities: rock climbing, hiking, horse riding and E-bike. You will be based in Corte in the heart of the Corsican mountains, and you will discover new site every day, through your activities.

Departure on request every day. You will be included in small groups for the supervised activities.

Everyday, we are committed to provide professional help, for all the activities and locations.

## *Program*

### *Day 1 : Rock climbing in the Restonica Valley*

Meeting point in our shop, in the center of Corte, when you arrive. You will check in to your accommodation, then the evening will be dedicated to climb on a rock face in the Restonica valley. Climbing outdoors on real rock is a rush and you will enjoy it safely : Top-rope climbing is all about having fun, being outside and offers a rock climbing experience with all the rewards but minimal risks. Top-roping is climbing a rock face with the rope always anchored above you. It's a great way to learn the basics of climbing movement, how to belay and how to have fun.

### *Day 2 : Hiking and bathing in the Vizzavona forest*

Travel with the train, known as the "trinichellu" along the picturesque route to Vizzavona path. Located in the centre of the island, Vizzavona is the forest most well-known in Corsica. It is particularly renowned for its cool air in the summer months. Following a pleasant walk from the Cascade des Anglais (the waterfall of the English) up to the shepherd folds of Porteto, you will come across natural swimming pools and magnificent waterfalls in a beautiful green setting.

### Day 3 : E-bike / Cycling in Boziu

This is a bike ride that allows you to see the very wild environment of Boziu, a micro-region covered with maquis where the old villages cling to the mountain sides. A number of these villages were built upon the rock in order to survey access to the village and to protect the residences. A long time ago this was a country of livestock farming; many herds still live out in the open on the high pastures.

After a fun and easy climb to reach the high-villages, the circuit goes from village to village towering over the valleys.

### Day 4 : Canyoning.

Canyoning is a water based playful activity that takes place in a wild setting. It involves descending the river using various techniques: walking, many possible jumps (not compulsory), swimming across deep pools of emerald water, initiation of abseiling (rappelling) and sliding down natural water slides.

### Day 5 : Hike in the Restonica Valley

Take the bus up the Restonica Valley then hike up to the lakes. The valley has been designated a heritage site since 1966. You will visit the Restonica valley by taking the shuttle bus that drives you up the windy road past the Grutelle shepherd folds. Finally, access to the lakes is by a rock path.



Lake Melo is part of the group of high altitude lakes surrounding Monte Rotondo. It is around this lake made from glaciers that one can see many rare European species. Like its neighboring lake Capitello, at 1710 meters of altitude, it is dug into the granite and is surrounded by a scenery composed of high steep cliffs.

### Day 6 : Horse riding

You will ride horses that are used to the mountain circuits; these horses live out in the open in groups. You have the whole day to be led by the knowledgeable hooves of your horse as you sit back and let yourself be amazed ...

End of the tour; possibility to book 1 night more if necessary.

*Please note : You will practice all the activities described here, but the order of the day can be reversed.*

### Prices 2023

Hotel\*\* : 925 €/pers. (departure from 1<sup>st</sup> to 20 of August : 940 €/pers)

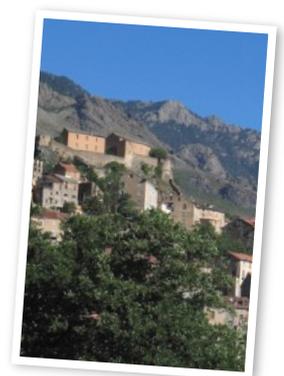
Hotel\*\*\* with pool : 1 010 €/p

(departure from 1<sup>st</sup> to 20 of August : 1 070 €/p)

Guest house : 990 €/p (departure from 1<sup>st</sup> to 20 of August : 1 020 €/p)

Discount 30€ for families (minimum 3 persons)

Reservations for minimum of 2 participants.





### Price includes

- Transportation from Corte, day 1 to 6
- Guiding : A qualified canyoning monitor for rock climbing, canyoning and horse riding.
- Self-guided : for the hike and the E-bike, we provide you the road-book, maps, E-bike and all what you need
- Full board from day 1 to 6
- Meals : Breakfast. Evening meals in various restaurants in Corte. Picnic at midday

### Price does not include

- Transfer to and from your residence to Corte
- Unscheduled transfers, drinks, travel insurance

## Departures

### Dates

From 1<sup>st</sup> June to 15 September

### How to get there

To join Corte, you can take the train from the main town of Corsica : Ajaccio, Bastia, Calvi et Ile-Rousse.

Timetable : <http://www.train-corse.com/les-horaires>

*Please note : no bus or train from Figari Airport.*

## Clothing and equipment

### For the activities

- Short, t-shirt, Sun Hat, Sun Glasses, Swimwear
- Pants like jean for the horse, fleece, wind stopper
- Walking boots and sandals
- Daypack/rucksack (size 20 to 30 litter capacity)

### For the tour

- Personal clothing
- Camera & accessories
- Torch (and spare bulb and batteries)
- Small personal First Aid kit : plasters, sterile dressings and bandages, a blister kit, pain killers e.g. paracetamol and ibuprofen, antiseptic cream, antihistamine cream (for insect bites), insect repellent, sun cream

### Technical equipment

Altipiani supply all the technical material for climbing, cycling, horsing and canyoning.

