

MULTI-ACTIVITY TRIP

Throughout your stay, you will partake in a number of outdoor activities: rock climbing, hiking, horse riding or bike riding. You will be based in Corte in the heart of the Corsican mountains, and you will go to a new site every day.

Departure dates are open. You will be included in groups for the supervised activities (rock climbing, canyoning and horse riding), the bike and hiking circuits can be undertaken on your own.

PROGRAMME

Day 1: Rock climbing up a rock face

We meet at the end of the afternoon in Corte. You will check in to your accommodation, then the evening will be dedicated to discovering rock climbing on a rock face in the Restonica valley.

Sequence of events

You will learn belaying using a carabiner (location without risk of falling). You will get confident with the equipment and with your rope partner. Rock climbing routes of 10 to 15 metres in height. Learning to abseil (rappel).

Day 2 : Hiking and swimming in the Vizzavona forest

Travel on the train, known as the "trinichellu" along the picturesque route to Vizzavona. Located in the centre of the island, the Vizzavona forest is the most well known in Corsica. It is particularly renowned for its cool air in the summer months. Following a pleasant walk from the Cascade des Anglais (the waterfall of the English) up to the shepherd folds of Porteto, you will come across natural swimming pools and magnificent waterfalls in a beautiful green setting. Return by bus.

Day 3 : Cycling in Boziu

This is a bike ride that allows you to see the very wild environment of Boziu, a micro-region covered with maquis where the old villages cling to the mountain sides. A number of these villages were built upon the rock in order to survey access to the village and to protect the residences. A long time ago this was a country of livestock farming; many herds still live out in the open on the high pastures.

After a climb to reach the first villages, the circuit goes from village to village towering over the valleys.

Day 4 : Canyoning

Canyoning is a water based playful activity that takes place in a wild setting. It involves descending the river using various techniques: walking, many possible jumps (not compulsory), swimming across deep pools of emerald water, initiation of abseiling (rappelling) and sliding down natural water slides.

Day 5 : Hike in the Restonica Valley

Take the bus up the Restonica Valley then hike up to the lakes. The valley has been designated a heritage site since 1966. You will visit the Restonica valley by taking the shuttle bus that drives you up the windy road past the Grutelle shepherd folds. Finally, access to the lakes is by a rock path.

Lake Melo is part of the group of high altitude lakes surrounding Monte Rotondo. It is around this lake made from glaciers that one can see many rare European species. Like its neighbouring lake Capitello, at 1710 metres of altitude, it is dug into the granite and is surrounded by a scenery composed of high steep cliffs.

Day 6 : Horse riding

You will ride horses that are used to the mountain circuits; these horses live out in the open in groups. You have the whole day to be led by the knowledgeable hooves of your horse as you sit back and let yourself be amazed ...

PRICE

Camping : € 710 (per person)

Hotel : € 810 (per adult in a double room)

Bed and breakfast: € 930 (per adult in a double room)

Reduction of €30 for children.

THE PRICE INCLUDES

Transports

Transportation from Corte, day 1 to 6.

Guided and self-guided

Guided for rock climbing, canyoning and horse riding.

Self-guided for the hike and the bike ride. Of course, we supply you the bike.

Route notes and maps

Maps and walking guides are at your disposal for the hike and the bike.

Full board

Full board from day 1 to 6

Accommodation : Various standards of accommodation are available

Camping, we provide the tent and mattresses

Hotel , hôtel de la paix

Bed and breakfast in l'osteria di l'orta

Meals : Breakfast in your place of stay. Evening meals in various restaurants in Corte. Picnic at midday.

IT DOES NOT INCLUDE

Table wine, drinks and personal expenses.

Your journey to and from your place of residence to Corte.

A guide for the hike and bike ride.

Please note

The days in the programme are an indication. It is possible that modifications could be made to the order due to weather or our schedule.

CLOTHING AND EQUIPMENT LISTS

Alti canyon will let you borrow special canyoning shoes for the outing. Don't forget to tell us your shoe size!

For the activities

Swimsuit, hat, sunglasses, sun cream.

We advice good hiking shoes (Trainers/approach shoes) and a pair of hikking socks.

Daypack/rucksack (minimum of 20 litres); waterproof, fleeces.

For the stay

Personal belongings: changes of clothes, t-shirt, pants, short, socks, underwear, sandals, toiletries.

For the evenings: fleeces, trousers, light shoes, mountain jackets.

Personal first aid kit: your own personal medicine, plasters for blisters etc.

A sleeping bag if you are camping (no blankets in the tents). Mattresses are provided.