



Rock climbing in Corsica

7 days / 6 nights

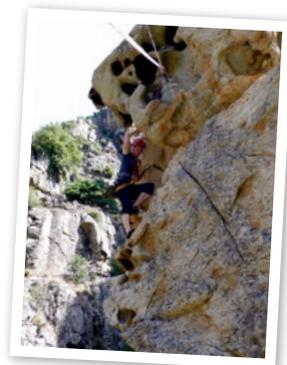
Located in the center of Corsica, at the heart of a region abounding with mountains and lakes, the small town of Corte is the ideal starting point for our rock climbing holiday: Surrounded by limestone and granite cliffs, climbers of all levels will be able to improve their rope maneuver, and climbing techniques in perfect safety. The diversity of the different sites and landscapes adding to your pleasure. To end the week you'll enjoy a multi-pitch route in the Tavignanu or in the Restonica valley. Lodging in Corte means you will also be able to hang around the lovely town square and enjoy a drink like a Pietra (a local chestnut flavored beer) in an atmosphere of holidays.

Great for all abilities

A course for all levels of climbers, enabling everyone to advance and become more confident in their abilities, all done in a relaxed "holiday spirit".

Overview

- ☞ Six full days of climbing.
- ☞ A different climbing site every day means you are able to discover the various landscapes of the island.
- ☞ A program suited to the needs of every one whatever their climbing ability.
- ☞ Supervised by a guide who has lived in the region for twenty five years.
- ☞ A maximum of six participants.
- ☞ The loan of all the technical material and equipment.



Program

Day 1 : Settling in at Corte

After meeting up at the offices of Altipiani, we will take a look at your equipment and lend you whatever you are missing. You will then prepare your bags for the next day, settle in to your lodgings and prepare for dinner in a friendly local restaurant.

Day 2 : Climbing site in the Restonica valley

It's time to discover the famous Corsican granite on an easy cliff. Addressing the challenges and skills necessary for outdoor climbing. Learning to look for holds that are not « color coded » or for those of you with a higher level, climbing slight overhangs and corners. During the days climbing we will assess both your technique, risk management and other safety issues.

Day 3 : the Richiusa cliff

To get to the small village of Bocognano, we will take the famous Corsican train called trinichellu. In a rural setting, the sculpted granite cliffs offer a wide variety of routes with difficulty levels for everyone. (from level 3 to level 8 a/b).

Day 4 : Caporalino's crag

An often overlooked aspect of Corsican climbing are its limestone cliffs. Full of holes like a Swiss cheese means finding holds is less complicated and so limestone offers an easier climb. This means you can have a go at a more challenging route than usual. We will also work on "reading a route", leading, learning to fall, abseiling and climbing two pitch routes.

Day 5 : Climbing by the sea

A short drive to the town of Ile-Rousse means we can enjoy a relaxing mid week climb by the sea. Situated on an island, we will concentrate on ropework but the main emphasis of the day will be on relaxing, taking advantage of the blue sea, white sand and warm sun.

Day 6 : Multi-pitch day

Depending on your level, we will try a multi pitch climb. The easiest one is the «l'arête de Corte» which dominates the town. The pitches are relatively easy, low stress means we can focus on your route selection and ropework as well as admire the «tafoni» (a typical rock formation on the island created by centuries of erosion).

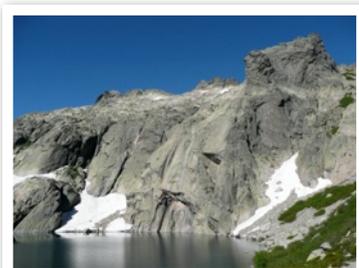
There is a large choice of climbs in the valley, so the more advanced climbers amongst you will be able to choose something more challenging and adapted to your level of climbing.

Day 7 : Sorbellu cliffs, Restonica valley

You will now be ready to discover the largest climbing site in the valley, with over sixty routes of all difficulties. Good balance and selecting the right holds will help you through to the end of the day. The splendid views of the surrounding mountainsides complete the attraction of this area.

End of stay; it is possible to book an extra night.





Note : this program is a rough guide and for information purposes only; however the huge choice of climbing sites close at hand enables us to be flexible and adapt depending on the weather report and the climbing level of each group.

Price

1 050 € per person, in hotel
 Supply for single room : +180 €
 Minimum of 2 and maximum of 6 persons



Inclusions

- ☉ Transport on the various cliffs, from day 2 to day 7
- ☉ Climbing guide accompanying group
- ☉ Individual and collective equipment is provided
- ☉ Meals : Breakfast and evening meals

Items not included

- ☉ Drinks throughout
- ☉ The midday picnics
- ☉ Travel to and from the town of Corte, in Corsica
- ☉ Travel insurance (Note that there is an option to have one with us)



Departure

Dates

Saturday 5 - Friday 11 May 2018
 Saturday 9 - Friday 15 June 2018
 Saturday 25 - Friday 31 August 2018

Out of dates

We also organize this tour all the year, subscription min. 2pers.
 Private departure for 1 person : supply of 650€

Meeting point

In Corte. You can take the train from the main town of Corsica, Ajaccio, Bastia, Calvi et Ile-Rousse.

Timetables :

<http://www.train-corse.com/index.php>

Careful, no train from Figari



Clothing and equipment

For the activities

- ☺ Climbing short and t-shirt, sunglasses, sun hat, Swimwear
- ☺ Lightweight climbing trousers, light fleece, wind-stopper jacket
- ☺ Trainers/approach shoes
- ☺ Daypack/rucksack (25 liters)
- ☺ Climbing equipment if you have; better to take your own climbing shoes

For the tour

- ☺ Personal clothing
- ☺ Camera & accessories
- ☺ Torch (and spare bulb and batteries)
- ☺ Small personal First Aid kit : plasters, sterile dressings and bandages, a blister kit, pain killers e.g. paracetamol and ibuprofen, antiseptic cream, antihistamine cream (for insect bites), insect repellent, sun cream

Technical equipment

Altipiani supply all the individual technical material : harness, climbing shoes, helmet and belay device. Altipiani also supply the ropes and so on.

It's more comfortable for you if you take your own shoes.

