

CLIMBING IN CORSICA

Major route training course

Altipiani proposes a climbing course in major routes, in Corsica. The island offers majestic landscapes between sea and mountain, between surfaces varying from the large slabs of Restonica, through the Tavignanu gorges and to the famous Bavella peaks. We take advantage of the many itineraries to choose climbing routes to suit our desires and our level. This training course will allow everyone to learn and perfect to ascents of several lengths while enjoying the pleasures of climbing major routes led by a professional living in Corsica.

PROGRAM

Day 1 : settling in Corte

See you at the end of the afternoon in Altipiani's office in the center of Corte. Once acquainted, we review everyone's equipment and we lend you what you lack.

Preparation of bags for the next day. Dinner in a cozy restaurant.

Day 2 : wall climbing in Caporalino

Climbing on a limestone cliff in various routes at different levels. This day is devoted to the learning and upgrading of major route rope maneuvers (mounting a relay in the wall, the lead climber belaying, rappelling self-insured). Another night in Corte.

Day 3 : Tavignanu or Restonica valley

We achieve our first major route in the Tavignanu or Restonica valley, two valleys which start from Corte and have many routes in a highly carved granite with *tafoni* or balls or, on the contrary, in a very compact slab. Last night at Corte.

Day 4 to 7 : Bavella peaks

Travel to the massif of Bavella where we climb traditional or modern routes. We perform routes through the Bavella peaks, in the large slabs of the Teghie-lisce, the *tafoni* in the Ferriates range, the hole of di Tafunata di Paliri.

End of stay; option to book an extra night

Corsica, Mediterranean island, has a pleasant climate and it's possible to climb outdoors all year round. Sometimes, however, that mountain weather changes quickly. If this happens, we modify the program to a major route near the coast: Monte Gozzi above Ajaccio or cirque of Bonifatu near Calvi.

LEVEL

Good mastery of climbing techniques with a 5b level in head.

PRICES

€ 789 per person in stage lodging or camping. (tent and mattresses loan)

€ 889 per person in hotel

Possibility of making the training externally : € 540 per pers.

Minimum number of participants : 3 (maximum 4).

Prices include

Transport on different cliffs, from day 2 to day 7.

Supervision by a qualified climbing instructor.

The provision of equipment individually and collectively.

Half board from day 1 evening to day 7 morning.

Prices don't include

The wine at dinner, drinks and personal expenses.
Your travel from your home to Corte and back.

Dates 2012

From Saturday 28th April to Friday 4th May 2012

From Saturday 26th May to Friday 1st June 2012

We also organize that stay all year on request. Please contact us for quotation

Loan of equipment

Altipiani lend you the individual equipment: harness, shoes, helmet and belay system. We advise you to have your own shoes for comfort.

Meeting

To get to Corte, take the train from the main cities of Corsica : Ajaccio, Bastia, Calvi and Ile-Rousse.

Please consult train timetables.

Warning, no connections with Figari.

RECOMMENDED EQUIPMENT

For the activities

Climbing short and t-shirt, sunglasses, cap, swimsuit.

Linen climbing pants, fleece sweatshirt , windproof jacket.

Light shoes or tennis shoes for mountain walks of approach.

Backpack (20 to 30 litres).

Personal climbing equipment if available.

Picnic Gear: gourd or bottle, cutlery, hermetic box Tupperware style.

For the stay

Personal belongings: a change of clothes, t-shirt, socks, towels, toiletries.

For evenings : fleece sweatshirt , trousers, light shoes, jacket, mountain headlamp.

Personal pharmacy: plan your own treatment, ear plug for nights in lodging, headache, body aches, etc..

A sackcloth and a sleeping bag for camping or stage lodging.